Elements of Discipline: Nine Principles for Teachers and Parents

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Elements of Discipline is a timely and helpful book for teachers, parents, and day-care professionals that provides a simple set of rules for managing—successfully and humanely—a wide range of discipline situations and challenges. A well-respected child development specialist, Stephen Greenspan outlines his "ABC Theory of Discipline." He combines an Affective approach, a Behavioral approach, and a Cognitive approach that, when used in a coordinated fashion, will contribute to greater child compliance and family/classroom harmony.

Greenspan suggests that, using his matrix, caregivers can provide the warmth, tolerance, and influence that will help children become competent in three socio-emotional domains—happiness, boldness, and niceness. He recommends caregivers pick and choose from the discipline literature in a manner that best suits their individual style and values.

Elements of Discipline is a lively guide to effective classroom or family management.

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