



# The Speyside Way (British Long Distance Trails)

*Alan Castle*

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## **The Speyside Way (British Long Distance Trails)** Alan Castle

The Speyside Way runs for 66 miles along good paths beside the River Spey from Aviemore to Buckie on the Moray Coast. Together with a 20-mile extension back to Newtonmore it makes a perfect easy week's walking holiday. Included in the book are prologue routes from the source of the River Spey, making a 118-mile route from the Monadhliath Mountains to the coast at Buckie. The connecting routes the Dava Way and the Moray Coast Trail are also described step-by-step in this guidebook, as well as the Moray Way - a combination of the three long distance trails in the Moray region. Information is also included for mountain bikers, who can follow several stretches of the routes. The detailed route descriptions are illustrated with OS map extracts.

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