



# Positives Denken Grundwissen: Erfüllung, Liebe, Glück, Lebensfreude und Optimismus (German Edition)

*Nils Horn*

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Positives Denken führt zu positiven Gefühlen. Wer positiv denkt, hat mehr vom Leben. Er lebt glücklicher. Er lebt gesünder. Er hat bessere Beziehungen zu seinen Mitmenschen. Er packt die Dinge des Lebens an. Er lebt als Sieger und siegt dadurch in seinem Leben. Trübsal war gestern. Heute ist Optimismus angesagt.

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