



Consejos de supervivencia para padres adoptivos (Spanish Edition)

Christel Rech-Simon, Fritz B. Simon

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¿Los padres adoptivos necesitan consejos distintos de los que se dan a los padres de niños no adoptados? ¿Se trata realmente de su «supervivencia», como supone el título algo dramatizante de este libro? Nosotros pensamos que la respuesta a ambas preguntas es «sí».

El número de adopciones se ha incrementado extraordinariamente durante los últimos años. Muchas de estas familias no tienen más problemas que los habituales propios de la vida. Sin embargo, una parte de estos padres adoptivos se ven envueltos, junto con sus hijos, en un drama para el que no están preparados. Para estas familias ¿al borde de un ataque de nervios?, Christel Rech-Simon y Fritz B. Simon, terapeutas y padres de dos hijas adoptivas, ofrecen una ayuda práctica.

El libro enseña a las madres y a los padres que no tienen por qué sentirse desamparados ante unas situaciones de crisis que parecen no tener ninguna solución. Todo lo contrario: se puede hacer algo aunque a veces sea diferente de lo que uno comúnmente supone y espera.

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