



Posttraumatische Belastungsstörung (German Edition)

Tobias Heimpel

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Studienarbeit aus dem Jahr 2009 im Fachbereich Psychologie - Klinische u. Gesundheitspsychologie, Psychopathologie, Note: keine, Katholische Fachhochschule Freiburg im Breisgau, Sprache: Deutsch, Abstract: Egal ob Unfälle, Naturkatastrophen, Kriege, Terrorismus oder Gewaltverbrechen. Es gibt unzählige traumatisierende Situationen und Umstände, in die jeder Mensch geraten kann, und deren psychische Belastung leicht die persönliche, natürliche Resilienz überschreiten kann. Manche trifft es nur leicht, andere wiederum werden von solchen Schicksalsschlägen schwer getroffen. Und ebenjene schweben in Gefahr, eine posttraumatische Belastungsstörung zu entwickeln. Ihnen ist diese Arbeit gewidmet.

Die heutige Psychologie weiß, dass Kinder und Jugendliche mit einer posttraumatischen Belastungsstörung sehr ähnliche Symptome zeigen. Daher gelten viele der folgend beschriebenen Informationen meistens für beide Altersgruppen, allerdings soll sich die Arbeit eher mit Kindern und Jugendlichen beschäftigen, die an einer solchen Störung leiden.

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Gayle Oconnell:

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