



Antes de actuar (Spanish Edition)

Anne Bogart

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«Para mí el cometido del teatro es convertir el sueño en vigilia. Quiero que los espectadores salgan de la sala más vivos que cuando entraron»: cómo conseguir superar el adormecimiento y la inacción en momentos como el presente –tiempos convulsos política, social y económicamente en el nuevo orden trazado después del 11-S– es el reto que nos propone la reputada directora de escena norteamericana Anne Bogart en este libro. *Antes de actuar* trata el proceso de creación en todos los ámbitos: el actuar del título no se refiere únicamente a la interpretación del actor, sino al hecho de prepararse, adoptar una actitud, dejarse aconsejar por la necesidad y la experiencia, ser capaz de reaccionar y, sobre todo, dar ese paso adelante que supone tomar medidas ante la adversidad. Las reflexiones de la autora, basadas en su amplia experiencia en el mundo teatral y académico, se ven enriquecidas con anécdotas y ejemplos de sus propios montajes y de los de otros directores, con especial atención a lo que ocurre en la sala de ensayos, ese «espacio de la tentativa» por excelencia. Contexto, elocuencia, intención, atención, magnetismo, actitud, contenido y tiempo son los ocho conceptos clave sobre los que uno debería meditar si quiere que el arte, el teatro surjan «en mitad del vuelo», «en el momento del salto, desde la inestabilidad».

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