



# Lecker, leicht, vegan!/: Herrliche Rezepte für jeden Tag (German Edition)

*Ilka Irle*

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Als meine Tochter mir eröffnete, sie sei jetzt Veganerin, war ich zunächst perplex. Als die Skepsis wich, begann ich mit veganen Lebensmitteln zu experimentieren. Weil ich meine Tochter bei diesem Vorhaben, das unglaublich viel Willenskraft erfordert, mit all meiner Kraft unterstützen wollte. Dieses Buch präsentiert einige der besten Ergebnisse meiner veganen Kochexperimente.

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