



# The Enneagram of Passions and Virtues: Finding the Way Home

*Sandra Maitri*

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**The Enneagram of Passions and Virtues: Finding the Way Home** Sandra Maitri  
**How the mysterious nine-pointed symbol of the enneagram illuminates the worst pitfalls and highest virtues of our psyches.**

*The Enneagram of Passions and Virtues* elucidates human experience beyond the personality structure. In the tradition of the enneagram, the Virtues are said to be the affective atmosphere that replaces the compulsive and reactive emotional patterns-called the Passions-as one becomes freer of the ego.

Sandra Maitri shows how the shift in our consciousness, or soul, from being informed by the Passions to being informed by the Virtues, is one of the hallmarks of inner development. In this book, Maitri explores how our awareness of the Passions, in turn, leads to the manifestation of the Virtues. This shift supports growth on the level of personality as well as on the level of what is beyond-Being, or True Nature.

Maitri is widely known as one of the most literate and in-depth writers and teachers on the uses of the enneagram as a tool of inner development. In this book she provides what can be for some an entry into inner work, and for others, who have been engaged in the journey for a longer time, a uniquely incisive explication of concepts they may have missed.

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