



# Pediatric Gastrointestinal Disorders

*Carin L. Cunningham, Gerard A. Banez*

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A child presents with weight loss, fatigue, and stomach pain. Is the diagnosis psychological, as in an eating disorder? Might it be medical, as in a GI disorder? Could it be both? A young adolescent is assessed to have a gastrointestinal disorder. Do you take puberty into account when planning treatment? Complex overlapping of physical and psychological symptoms is a hallmark of cases such as these - and a major factor in making diagnosis and intervention difficult. In *Pediatric Gastrointestinal Disorders: Biopsychosocial Assessment and Treatment*, authors Cunningham and Banez pool their considerable expertise to give practitioners working with children a state-of-the-art, biopsychosocial grounding in this challenging area of practice: - In-depth overview of pediatric gastrointestinal disorders, their prevalence and etiology - Descriptions of the most common disorders (including irritable bowel syndrome, recurring abdominal pain, rumination disorder, and fecal incontinence), with their typical psychological and behavioral symptoms - Conceptual and theoretical perspectives informing the authors' biopsychosocial approach - Reviews of empirically-based, clinically sound assessment and treatment strategies - Case studies applying this knowledge in real-world detail, demonstrating collaborations between clinicians, patients, and families Its lucid presentation, level of detail, and commitment to integrative care make *Assessment and Treatment of Gastrointestinal Disorders in Children* an important resource for children's practitioners in both the medical and mental health fields. By featuring examples ranging from toddlers to teens, the authors have modeled a continuum of developmentally appropriate treatment.

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