



Die Ernährungsfalle: Wie die Lebensmittelindustrie unser Essen manipuliert - Das Lexikon (German Edition)

Hans-Ulrich Grimm

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Aluminiumhaltige Schokolinsen, Plastik hormone in Babynahrung, ätzende Zitronensäure in Gummibärchen: Was steckt eigentlich in dem Essen drin, das wir Tag für Tag zu uns nehmen? Und: Wie gesund ist das? Der Nahrungskritiker und Bestsellerautor Hans-Ulrich Grimm geht den kleinen und großen Lügen der Lebensmittelindustrie radikal und schonungslos auf den Grund.

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