



Zach Apologizes (Zach Rules Series)

William Mulcahy

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When Zach shoves his little brother to the floor, he knows he did something wrong. Even so, it's hard to apologize—especially when Alex kind of deserved it! Like any seven-year-old, Zach tries to ignore the problem, but finally, with his mom's help, he learns the four steps to apologizing: 1) say what you did; 2) say how it made the other person feel; 3) say what you could have done instead; 4) make it up to the person. The apology strategy is presented as the “four-square” apology, which is illustrated as a square divided into four quarters with a prompt in each. Easy to understand and easy to remember.

Zach Rules Series

Zach, his brothers Alex and Scott, and his parents are a typical family. The boys struggle with getting along, frustrations, social issues, and other everyday problems typical with kids ages 5 to 8. Each book in the Zach Rules series presents a single, simple storyline involving one such problem. The stories are humorous and realistic (these boys are not angels), and Darren McKee's illustrations add a lighthearted, commercial appeal that kids will find familiar and fun. As each story develops, Zach and readers learn straightforward tools for coping with their struggles and growing up healthier—healthier because children who know these skills have the potential for building stronger relationships now and in the future. The tools are presented graphically to make them easier to understand and remember. Kids will enjoy the familiar, funny stories and easily grasp the important life skills. Each book concludes with a short note to adults to help parents, teachers, counselors, and other grown-ups reinforce the books' messages and practice the skills with their kids.

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