

# Original Stadelmann Aroma Blends: Essential Oils for Living, Giving Birth, Dying

Ingeborg Stadelmann

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Original Stadelmann Aroma Blends: Essential Oils for Living, Giving Birth, Dying Ingeborg Stadelmann **Essential Oils for** Living, Giving Birth, Dying

The midwife and aroma therapist Ingeborg Stadelmann has been creating her extremely successful Original Aromamischungen (Original Aroma Blends) for more than fifteen years now. From Allgäuer Föhn-Öl / Allgäu Foehn Oil, which provides relief in cases of headache and sensitivity to the weather, and the woundhealing Rose-Teebaum-Essenz / Rose-Tea-Tree Essence to the mourning blend Sprachlos / Speechless and – at the end of the alphabet - Zyklus-Laune/Menstrual Mood, which helps women cope with PMS, all of her mixtures are described here in detail.



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