



Reflecting On and Developing Your Practice: A Workbook for Social Care Workers (Knowledge and Skills for Social Care Workers)

Suzan Collins

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Working in residential or domiciliary settings involves a continuing process of learning. Every day, social care workers face challenges that force them to think about what they do and how they do it – whether it be an ethical dilemma, the introduction of a new policy or procedure or training on a specific subject.

Reflecting On and Developing Your Practice is an accessible, interactive workbook providing social care workers with guidance on how to improve your knowledge through training and development. It advises how to keep up to date with the latest developments, but also how to reflect and improve upon your own practice. It also provides information about different approaches to learning and how to draw on your experience when working in new and unfamiliar situations.

Designed to meet the requirements of Health and Social Care (Adults) NVQ Level 3, Unit 33, this workbook is also a valuable source of guidance for any social care worker wanting and needing to develop their work.

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