



Inflammatory Bowel Disease (The Facts)

Louise Langmead, Peter Irving

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Inflammatory bowel disease (IBD), which includes ulcerative colitis and Crohn's disease, affects 1 person in every 400 in the UK. Between 6,000 and 12,000 new cases of ulcerative colitis are diagnosed every year, and research shows that the number of people with Crohn's disease has been rising steadily. While there are numerous volumes covering the management of IBD aimed at clinicians and several volumes focusing on either ulcerative colitis or Crohn's disease for patients, there are few volumes covering the full spectrum of IBD for patients, families and carers.

This patient-centred guide covers all aspects of IBD including common symptoms, tests used to make a diagnosis, treatment and overall management of the condition. Providing up-to-date factual information, it is easy to read and allows quick access to key facts and helpful advice. With consideration given to new developments in the understanding and treatment of inflammation of the bowel, including complementary and alternative therapies, this book will help to improve the overall quality of life for all those affected by this chronic disease.

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