



Journal of a Novel: The East of Eden Letters

John Steinbeck

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Each working day from January 29 to November 1, 1951, John Steinbeck warmed up to the work of writing **East of Eden** with a letter to the late Pascal Covici, his friend and editor at The Viking Press. It was his way, he said, of "getting my mental arm in shape to pitch a good game."

Steinbeck's letters were written on the left-hand pages of a notebook in which the facing pages would be filled with the text of **East of Eden**. They touched on many subjects—story arguments, trial flights of workmanship, concern for his sons.

Part autobiography, part writer's workshop, these letters offer an illuminating perspective on Steinbeck's creative process, and a fascinating glimpse of Steinbeck, the private man.

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