



## Handbook of Mental Health Nursing

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# Handbook of Mental Health Nursing

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A concise and user-friendly guide, **Handbook of Mental Health Nursing** helps nursing students learn the essential skills required for practice. This practical handbook is informed by an interdisciplinary understanding of mental health problems and the recovery from mental health difficulties.

Features:

- Highlights case studies and draws on narratives of patient experience to help caregivers make educated decisions in partnership with service users
- Focuses on assessment, classification, models of therapeutic practice, specific mental health problems and needs, and the organization of care
- Use a values-based approach integrating evidence-based data with service users' perceptions
- Presents case studies and participant narratives throughout
- Includes practical exercises designed to develop skills and understanding in person-centred care

This book is an essential purchase for all students and educators in mental health nursing and related health and social care fields.

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