



One Good Deed a Day

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If kindness is indeed contagious, it's about to go absolutely viral. This uplifting book suggests 365 seemingly simple actions that have the power to ignite a chain reaction of compassion. Each brightly illustrated page features an inspiring prompt ("tell a friend why she means the world to you," "pay for the car behind you at the toll booth," "say a blessing for one thing you're grateful for today") encouraging people to make meaningful connections with loved ones, build community, spread cheer to strangers, or prioritize their own happiness. This chunky gift book also offers space to journal so that, upon reflection, readers will be motivated to complete another good deed the next day, and the next, for a year's worth of extraordinary impact.

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