



Permission to Doubt

Ann C. Sullivan

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Ann C. Sullivan has challenged and encouraged thousands of women as an international speaker. In her first book, *Permission to Doubt*, she offers a candid look at when her faith and reason collided. Through a thirteen-year struggle with an undiagnosed panic disorder, Ann learned several valuable lessons: Never shy away from the big questions. Always follow the evidence to its logical conclusion. And genuine truth doesn't buckle under the bright lights of interrogation. Ann uses these lessons to help readers recognize doubt and also shares unique step-by-step solutions in which faith can be reinforced in the midst of our struggle. Using personal examples and an intensely practical approach, *Permission to Doubt* informs, challenges, and encourages those who'd like to take their faith a little deeper. It's an honest look at what faith is—where it comes from, how it's threatened, and how it can be strengthened.



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