

Sleepwalking on a Tightrope: Transcend Life's Challenges through Learning the Life Balance Advantage

Mark Armiento



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It is time to begin your process of self-awakening! When you lack self-awareness and life balance in your life, it's like walking blindfolded down a long, perilous tightrope. When you attempt to walk along that tightrope with your eyes closed, fumbling in the dark, you will perpetually be falling. With inner balance and your eyes open, the path is challenging, but achievable.

With 'Sleepwalking on a Tightrope' you will learn how to go from blind to fully self-aware in several important steps. This will help you achieve true life balance, reduce adversity in your life, and help you recover from the wounds of your past. You can achieve real success when you live with your eyes open! You will discover:

- * How to awaken your authentic self
- * What the obstacles to your self-awareness have been

* How to achieve a real life balance by uniting your physical, emotional, mental, interpersonal a nd spiritual sides

* Practical strategies for leading a fully balanced life every single day

When you invest in self-awareness your entire world changes. You manifest full control over your life and the many aspects about yourself that makes you human, and make you who you born to become. You decide how far you travel in this world, and how many people you impact along the way. Read "Sleepwalking on a Tightrope" today and achieve your unique life balance advantage!

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Eric Hodges:

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