



This Is Not How I Thought It Would Be: Remodeling Motherhood to Get the Lives We Want Today

Kristin Maschka

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An important look at motherhood and family dynamics in the 21st century?by the national spokesperson of Mothers & More.

Kristin Maschka, past president of Mothers & More, a national organization with more than 140 chapters across the country, shines a spotlight on the complex issues mothers face?at work, in their homes, their lives, and with their partners? and shows how the hidden assumptions that society, the media, public policy, and women themselves hold about motherhood can sabotage a mother?s happiness.

Maschka weaves together her own story, anecdotes from mothers all over the country, and a deep knowledge of history and society to offer mothers a comforting, often funny read that helps them see themselves and the world around them in a whole new way. At the same time she provides specific actions women can take today to remodel motherhood to live the lives they always thought they would.

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