



**Zentangle: The Ultimate Guide to Mastering  
Zentangle for Beginners in 30 Minutes or Less!  
(Zentangle - Zentangle for Beginners - Zentangle  
Basics - ... - Drawing for Beginners - How to Draw)**

*Valerie Coven*

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# **Zentangle: The Ultimate Guide to Mastering Zentangle for Beginners in 30 Minutes or Less! (Zentangle - Zentangle for Beginners - Zentangle Basics - ... - Drawing for Beginners - How to Draw)**

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Zentangle – The Ultimate Guide to Mastering Zentangle for Beginners in 30 Minutes or Less! Learn everything you need to know about beginner Zentangle Patterns. This book is for the enthusiasts who are passionate and excited about tangling and learning general information about Zentangle. This book was made for the beginner tangles who are looking for new ways to meditate, relax, and focus. In this book, you will learn the different techniques of producing creative tangling patterns. It will also include information on other ways you could apply tangling on your life. This book will provide information on how Zentangle originated and how it relates to the famous Zen meditation. It will also give tell you how you could apply Zentangle in different activities that aim to improve overall psychological well-being and general health condition. You will also learn that Zentangle brings with it various benefits to tangles. Moreover, you will learn that Zentangle has its own principles that make it a distinct relaxation method. By the time you finish reading this book you are going to be able to learn the different tangling ideas and how to derive more complex patterns by learning the basics, be more enthusiastic about this form of artistic meditation, and be able to apply these in your own life. Why You Must Have This Book! > In this book you will learn how Zentangle came to its form and how this form of art could provide Zen experience. > This book will teach you the steps of doing different Zentangle patterns and deriving more complex patterns later on. > In this book you will learn how Zentangle could be applied to different activities that aim to change behavior, motivate, enhance confidence, improve self-esteem, and many more. > This book will guide you through the different ways on how Zentangle could be applied in other areas of life. > This book will teach you the proper way of organizing the different Zentangle tiles. What You'll Discover from the Book "Zentangle – Ultimate Guide to Mastering Zentangle for Beginners in 30 Minutes or Less!" \*\* The origin of the art of Zentangle and how it relates to Zen experience. \*\* What Zentangle is for and how it could be applied to different fields, disciplines, as well as to personal life. \*\* Learn about the different benefits of Zentangle and how it could improve overall well-being. \*\* Learn about the Zentangle Theory and its principles that relate to life in general. \*\* How to properly organize Zentangle tiles and patterns. \*\* Step by step instructions on some of the most popular Zentangle patterns. Let's Learn Together! Hurry! For a limited time you can download "Zentangle – Ultimate Guide to Mastering Zentangle for Beginners in 30 Minutes or Less!" for a special discounted price of only \$2.99 Download Your Copy Right Now Before It's Too Late! Just Scroll to the top of the page and select the Buy Button. ————— TAGS: Zentangle - Zentangle for Beginners - Zentangle Basics - Zentangle Patterns - Drawing for Beginners - How to Draw

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