



La procrastinación eficiente (Gestión del conocimiento) (Spanish Edition)

John Perry

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"Para ser eficiente siempre debes trabajar en algo importante que te sirva de excusa para no hacer algo aún más importante".

Enfocado en un problema de carácter casi universal como es el de diferir las acciones para el día siguiente, *La procrastinación eficiente* es un libro sabio, encantador y muy fácil de leer. El autor ofrece estrategias ingeniosas para enfrentar el problema, tales como la "lista defensiva de cosas por hacer" en la cual, por ejemplo, se pone en primer lugar "Aprender Chino", actividad obviamente dejada de lado inmediatamente para poder dedicarse a otra cosa.

El que tal vez sea el bien máspreciado de los procrastinadores es la posibilidad de conseguir hacer cosas sorprendentes y maravillosas sin atenerse a una agenda prefijada.

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