



# On Sleep and Sleeplessness

*Aristotle*

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*Aristotle*

## **On Sleep and Sleeplessness** Aristotle

Aristotle was an ancient Greek philosopher who was largely responsible for shaping Western philosophy as it is known today. Aristotle, who was one of Plato's students and would later tutor Alexander the Great, was also regarded as the world's first scientist and his many writings are still revered today. This edition of On Sleep and Sleeplessness includes a table of contents.

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