



L'ultimo Sciamano. Storia di Franco Bettella (Italian Edition)

Mauro Leonardi, Pino Clemente

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Padovano di nascita, giramondo per vocazione, ha più volte scelto Palermo come porto amico di una vita vissuta pericolosamente, trasgressivamente, sempre al limite, in pista (campione italiano dei 400 hs nel 1956) e fuori: questo è stato Franco Bettella, la cui figura è legata a quella del suo allievo prediletto Gianni Scavo. Una storia e una vita “agra”, anarchica, alla Luciano Bianciardi, contro le convenzioni e i conformismi propri anche di un’atletica leggera che, allo spalancarsi degli anni ’60, sembrava ferma nella sua incapacità di rinnovarsi, di percorrere nuove teorie dell’ allenamento. Bettella porterà lo yoga, le metodologie dei paesi nordici, l’allenamento con i pesi. Allenando a modo suo le mitiche “Assicurazioni Generali” di Vittorio Emanuele Orlando, scriverà alcune delle più belle pagine nella storia dell’atletica palermitana. Pino Clemente, l’ultimo dei grandi amanti di un’atletica leggera vera e vissuta, e Mauro Leonardi, uno degli ultimi allievi di Bettella a Palermo, lo raccontano, riscoprendolo nella sua unicità, salvandolo dall’oblio. Sergio Giuntini per Yorick Editore (2014)

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